



TOASTMASTERS

INTERNATIONAL

The Voice

District 83 Newsletter

**Toastmasters—Achieving Greatness Together
Dedication, Determination and Desire**

July 2010

The Voice is dedicated to inspiring Toastmasters in District 83 to achieve their goals. Let **The Voice** be *your voice* by sending in your success stories—the way that Toastmasters has helped you either personally or professionally. Everyone has a story to share and your experiences can help others find *their voice*. Please send your submissions to Joanne Callahan, your District 83 Newsletter Editor, at greenbriar206@yahoo.com. Photos are welcomed!

Picatinny Toastmasters Club Won First Place!

The U.S. Army Armament Research, Development and Engineering Center (ARDEC) at Picatinny Arsenal in Dover, New Jersey, recognized the benefits of belonging to Toastmasters. The Picatinny Toastmasters Club won **First Place** in the Teams' Tournament in the "Quality of Life Team" category for 2010. There was a ceremony on June 7 at the Lindner Conference Center at Picatinny Arsenal.

The Teams' Tournament ceremony is held once a year and recognizes and awards the accomplishments of different types of teams at Picatinny Arsenal. In order to promote and recognize team building throughout the Arsenal, this year's awards were presented in the following categories: Integrated Product Team, Natural Work Group, Self Directed Work Team, Quality of Life Team, Process Action Team, Six Sigma Team and Southwest Asian.

Nominations are judged based on process as well as results such as cost savings and long-rang benefits. Dr. Joseph A. Lannon, Director of ARDEC, presented the first and second place teams with certificates, Picatinny Arsenal souvenir coins and recognition gifts. Refresh-

ments and door prizes were also provided.

Debi Merz, President of the Picatinny Toastmasters Club (Club 3547- District 83), always welcomes new members. The club is open to the public and meets on the first and third Wednesdays in Building 1 on the Arsenal from 11:45 - 1:00. If you would like to contact the club, you can email them at

picatinny-toastmasters@googlegroups.com or visit their web page at <http://groups.google.com/group/picatinny-toastmasters>

Picatinny Toastmasters was started in 1963 and has two members who have been active in the club for over 40 years.



The Technie Toastmaster



10 Ways a Toastmaster Can Use a Smartphone

by Joel Heffner

Before I got my iPhone I doubted that it could be as useful as they said it would. I was wrong. It's ten times more useful than I ever imagined. Here's a list of 10 ways an iPhone can help a Toastmaster. I'm sure that your Blackberry or other smartphone can be equally useful.

1. The *Camera* feature lets you capture pictures wherever you are. The photos can be used in PowerPoint presentations.
2. The *Clock* feature allows you to 'time' speeches when rehearsing.
3. Notes can be easily written with the *Notes* application.
4. The *Voice Memos* application makes the iPhone an effective audio recorder.
5. Keeping track of events, like your next Toastmaster meeting date, is easy with the *Calendar*.
6. Sending and receiving email is easy with a smartphone.
7. Finding information about your next speech is easy because the iPhone lets me go online and find things using search engines like Google, Yahoo, or Bing.
8. Although I would never admit it, my wife would be the first to tell you that I tend to get lost occasionally. The *Compass* and *Maps* built into the iPhone plus the optional *TomTom* application make finding places much easier.
9. There are a number of Toastmaster specific applications. One that is useful provides table topics. It's called *Tabletopicker*.

10. Another Toastmaster application is called *SpeechMate* (pictured above). It provides a timer using colors, like the cards we use at Toastmaster meetings.

Yes, cell phones are indeed very smart these days. If you don't have a smartphone (yet) look carefully at the features that each has to offer. It's amazing how useful they can be.



[Author's Note: The Techie Toastmaster column hasn't appeared for a while I was recovering from quadruple bypass surgery. I'm back!]

Editors Note: Welcome back Joel. We missed you!



Success Story
Pamela Winter, DTM
Lt. Governor Marketing

How long have you been a member of Toastmasters and what is your home club?

I have been a member of Toastmasters for about 5 years. My home club is Midtown Toastmasters which started in Midtown Manhattan. When Verizon moved to Basking Ridge we did not change the club name so now we are located in Midtown Basking Ridge!

What made you join Toastmasters in the first place?

I was a very lonely soul in New York. I don't like the city and was uncomfortable working in that kind of corporate environment. When someone suggested that I join them and go to a Toastmasters meeting I was thrilled that someone thought enough of me to want to include me in something. I had heard about Toastmasters about 25 years before and I thought "why would anyone want to stand up in front of a group of people and talk?" I spent the first year trying to blend into the wallpaper and then I thought to myself why am I paying dues when I am not taking advantage of what the club offered me? I finally mustered the courage to participate at Table Topics and being shy and opinionated, I found the round of applause very nice. It was a wonderful feeling to experience that someone was actually appreciating what I was saying, and I was hooked.

Midtown Toastmasters became my home club and when we moved from New York to Basking Ridge we moved with only 6 members. Someone suggested that I be club president and I built the club up to 21 members in a short period of time, from the beginning of April through June 30th. I had attended the spring conference in May and while our club had met all 10 of our goals we did not have the members to qualify for Distinguished status. I went back to the membership and explained the problem. From that point, members began bringing new members in and we met our goal. I like to think of myself as a coordinating cheerleader for the club.

How has being a member of the club helped you either personally or professionally?

I have really blossomed personally because I have found confidence in myself that I never knew existed. I was raised by eastern European immigrants who did not encourage me so I never really learned that that I could be anything. Toastmasters has shown me that I am someone special and important.

What are your goals as the future Lt. Governor of Marketing?

I want to see our District be in the top 10 in the world. My goals are to save the struggling clubs because I truly believe it is easier to save a struggling club than to start a new one. That is not to say that we should not be bringing the advantages and gifts of Toastmasters to everyone, and we really do need new clubs, but it breaks my heart to see clubs struggling and not accomplishing their goals because they have been abandoned or people are just not interested in saving these clubs. We need to create a pool of dedicated volunteers who are skilled in saving clubs. We need to make sure that all clubs are cared for and that we grow the District. Toastmasters in Asia feel that being a member of the club is an honor and I feel that this club belongs to everyone. It is an honor to do more, be more and achieve more and this honor should belong to everyone.



Area 34 & 35 International Speech and Evaluation Contest is a Rousing Success

by Donna Juzva

Kicking off the contest season for District 83, the Area 34 & 35 International Speech & Evaluation Contest was hugely successful. Distinguished Toastmasters, District Leaders and the Areas' Top Speakers gathered together for an exciting competition filled with awesome speeches and insightful evaluations.

Contest Chairpersons and Area Governors, Donna Juzva and Ozzie Akpata opened the meeting by welcoming speakers, dignitaries and guests. The list of attendees included several of our esteemed district leaders: District Governor, Brian Lin, District Lieutenant Governor of Education & Training, Tom Somers, District Public Relations Officer, Kim Start, Area 33 Governor, Cindy Wilson and Area 25 Governor, John Harvey. In addition, area club members, Janice Bufalow and Cindy Boykin generously devoted their time and energy, filling the roles of Sergeant at Arms and Timer for this event.

The speakers were at the top of their form. Mark Streitman enthralled the crowd as he revealed how faith and doubt are related and what they have in common. Kevin Moulton captivated us with his insights into the 'dog days' of public speaking. Then Julie Patskin educated us about improving our heart health. Finally, David Chapman enchanted us with his story of his dad's experiences with author, Jean Shepard. All the speeches were amazing, making the judges' task exceeding difficult.

As if that wasn't enough excitement and entertainment for one evening, we were treated to an inspirational 'target' speech by John Harvey whose skillfully executed speech entitled "What I Want", was both motivational and insightful. The speech left evaluation contest participants hard pressed to come up with recommendations for improvement.

The evaluators were very impressive. Given only a few minutes to formulate evaluative speeches based on John's target speech the presenters blew the doors off the venue. Evaluators, Jody Dyche, Mark Streitman, Gabriella Ferrara and David Chapman presented well thought out and organized speeches

commenting on specific skills used by the target speaker. I was awed by the evaluators' sharp abilities to pinpoint techniques and practices employed by the target speaker, and to comment on their effectiveness.

The contestant interviews revealed personal interests held by our competitors allowing us a glimpse into the lives of the people behind the speeches. And then the moment everyone was waiting for. The winners were announced.

Mark Streitman took the International speech contest trophy for Area 34. And Kevin Moulton claimed the top spot for Area 35, with Julie Patskin, his runner-up. In the Area 34 Evaluation contest, Jody Dyche took first place, with Mark Streitman in second. And Gabriella Ferrara placed first for Area 35, with David Chapman the runner-up.

I'd like to express my heartfelt gratitude to everyone who made this event possible. The success of the evening was due to the contributions of all who attended and participated. Together we created this awesome event and I'm proud to have been part of it. Congratulations to our winners and good luck at the Division C Contest and the District 83 Contest.



We Need Your Input!



Do you have a photo of a recent Toastmasters event or meeting? Will your club be celebrating an important milestone? Your District wants to know!

Please send me pictures and articles for inclusion in upcoming newsletters. You don't have to be a literary genius or a professional photographer. Just a Toastmaster willing to share with the rest of us what your club already knows – and that is just how special you are!

Please send your submissions to your editor, Joanne Callahan, at greenbriar206@yahoo.com

