



TOASTMASTERS

INTERNATIONAL

# The Voice

*District 83 Newsletter*  
"Better You, Better World"  
April 2010

**The Voice** is dedicated to inspiring Toastmasters in District 83 to achieve their goals. Let **The Voice** be *your voice* by sending in your success stories—the way that Toastmasters has helped you either personally or professionally. Everyone has a story to share and your experiences can help others find *their voice*. Please send your submissions to Joanne Callahan, your District 83 Newsletter Editor, at [greenbriar206@yahoo.com](mailto:greenbriar206@yahoo.com). Photos are welcomed!

## **Community Presentation is a Huge Success** by Mary McGinley

On January 16, a packed house at the Sayerville Library learned all about Tarot cards and how to use them from Toastmaster, Donna Juzva. The library staff was so pleased with the success of the program that they have invited Donna to speak again in March.

Using projections to magnify the card images, Donna explained the basic themes presented in the typical Tarot deck. Comparing different versions of the same cards, she drew the audience's attention to hidden meanings and motifs.

Donna Juzva, ACB, ALB has been a member of Toastmasters International since 2006. This year, in addition to being President of Somerset Toastmasters, she is serving as Area 34 Governor, in District 83. Donna credits her experience with Toastmasters, for helping to develop her skills to the point where she is now presenting programs and seminars such as this one.

Library patrons raved about Donna and her Tarot presentation. "It was like watching a puzzle unfold. Donna gave quite an enjoyable presentation," said Charlene Dzielak, an audience member, "I like the way she made it interactive and got the audience involved. She answered many of our questions, but even better, she made us figure some of it out for ourselves. It was fun."

The 31 other audience members seemed to agree with Ms. Dzielak. Many stayed after the hour-and-a-half long presentation to ask questions and talk to Donna about her business. Even Ms. Dzielak asked Donna about her availability to teach classes at her learning center in Old Bridge. "My Toastmasters experience has really helped make this possible" Donna remarked. "Through Toastmasters, I've become a better speaker; I'm more confident and comfortable speaking before a large audience. I can't wait to do it again next month."

Donna Juzva is a success coach and author. She is available to speak and conduct workshops on a variety of topics. She can be contacted through her website: [www.donnajuzva.webs.com](http://www.donnajuzva.webs.com)





**Success Story**  
**Kristine Lamb**  
**Sound Bytes Toastmasters**

**Why I Joined Toastmasters  
(and Why I Stay)**

To be honest, I had not planned on joining Toastmasters. It happened by chance and I'm glad it did.

At one point in my career, I was given the opportunity to take any technology class I wanted, within budget of course. I approached a friend, a guru in his field, and asked for his suggestions regarding training possibilities. He had written several books and numerous articles and gave talks all over the world. I thought that he would surely recommend a class in his specialty, perhaps even a class that he taught. His advice surprised me. He said that the best course he had ever taken was the one in public speaking. In his experience, he encountered many excellent ideas that went no where because they were not presented well.

He also witnessed mediocre ideas that succeeded because they were presented well. He highly recommended that I take a course in public speaking! That's not the answer I wanted! I realized that I had forgotten to qualify my request with 'technical' training and pushed him for additional advice. Although I pursued the technical training, his recommendation that I take a course in public speaking nagged at me.

Several years later, when I heard that a Toastmasters chapter was starting in our company, I knew I had to muster up the courage to join.

I still remember my first speech. It was about nine months after joining the club and felt as painful as giving birth. I remember shaking like a leaf throughout my ice breaker and being extremely grateful that our "Wizard of Ahs" did not count above ten! I also remember the support I received and sought a mentor who helped me plan and prepare subsequent speeches.

Fast forward to today. I have my CTM and CL designations and recently gave the speech of my life at my father's memorial service. I knew my father would want us to celebrate his life rather than mourn his death. I also knew that I had to share stories that helped people laugh and remember the good times. It worked! My speech paved the way for others to get up and share their memories. We had a positive and uplifting celebration. It was one of the hardest things I've ever done and I know that the skills I acquired through Toastmasters helped me.

I remain in the club to continue to improve my speaking skills and to give back by helping others who are just starting out in the club.





**News Alert!**  
**Traveling Gavel Captured by The Toastmasters You Keep**

This just in....

On Wednesday, April 7th, the Traveling Gavel was captured from the Murray Hill Speakers Club by members of The Toastmasters You Keep. Eyewitness reports testify that all involved had a great time. These exclusive and candid photos were taken and submitted to this reporter by Andrew Smith, President of the Murray Hills Speakers Club.



## Brunswick Toastmasters #4646 Celebrates 15 Years

President, Irina Dymarsky, ACB, CL, - VPE, Arpita Katira, CC,  
VPM, Adam Breiterman, - VPPR, Janeth Sulit, CC – Sec. Sandy Scharf, ACB, CL,  
Treas. Paul Scharf, DTM, and SAA, K. J. Singh



Brunswick Toastmasters is a very active club. As you can see from our banner, the ribbons we won and were awarded just about cover the entire banner. We have been a Presidents Distinguished club for the last 8 years. We were the first club in the district to achieve a perfect 10 this year.

Our members have taken full advantage of the Toastmaster Communication and Leadership track. From the communications track we have had members compete in contests as high as the District level. The leadership track has also proved to be lucrative for the many of the members of the club. Last year Paul Scharf, DTM was the first District Governor for the new District 83. Tom Somers, ACS, ALB was the Districts Lieutenant Governor of Marketing, George Corrado, DTM was the Division D Governor and Carl Williamson, ACS, ALB was the Area 45 Governor. Together with the rest of the members of the district, District 83 achieved the Distinguished District award in its inaugural year.

Brunswick has many different types of meetings during the year. Some of the varied meetings include a backwards meeting, theme meeting, ethnic foods meeting, and our awards meeting, held at a local restaurant. Recently we started a program of having one member a month present one of the Toastmaster modules at a meeting.

We, at Brunswick, are proud of our individual accomplishments. Even more than that, we are eager to assist the member next to us to achieve his or her individual goals.

**We Need Your Input!**



Do you have a photo of a recent Toastmasters event or meeting? Will your club be celebrating an important milestone? Your District wants to know!

Please send me pictures and articles for inclusion in upcoming newsletters. You don't have to be a literary genius or a professional photographer. Just a Toastmaster willing to share with the rest of us what your club already knows – and that is just how special you are!

Please send your submissions to your editor, Joanne Callahan, at [greenbriar206@yahoo.com](mailto:greenbriar206@yahoo.com)

